

# NUT-SOC-NAT-NEWS

Vol 11, No 22 (9 June 2015)



NUT-SOC-NAT-NEWS is the members' newsletter of the Nutrition Society of Australia.

## Newsletter deadlines

The deadlines for our next editions are:

No 23 - COB Fri 12 Jun

No 24 - COB Fri 17 Jun

## Executive summary

### NSA News

- ~ Two NSA members receive Queen's Birthday honours
- ~ Call for Senior Award applications

### NSA regional group events - reminders

- ~ Melbourne group - Prof Graham Burdge: Polyunsaturated fatty acids and epigenetics

### Miscellaneous

- ~ Dietary fibre and colon cancer risk
- ~ Dietary fibre and diabetes risk

## NSA NEWS

### NSA members receive Queen's Birthday honours

David Fraser AM (Member of the Order of Australia): For significant service to tertiary science education, as an academic and researcher, and to the study of human disease and domestic animal production

Stephen Simpson AC (Companion of the Order of Australia): For eminent service to biological and biomedical science as an educator, researcher and author, particularly in the areas of human nutrition, obesity and metabolic disease, to higher education, and through roles with a range of professional scientific organisations.

Congratulations to both these members.

### Reminder: Senior Awards

NSA is calling for nominations for the following Senior Awards: Fellowship of the Society, NSA Medal, NSA Mid-Career Researcher Award, and Honorary Membership. Nominations are all due by 31 July 2015. Please click [here](#) for further details on selection criteria and applications.

## NSA REGIONAL GROUP EVENTS - REMINDER

*If you have an event on offer, we will advertise it free here and on the [website](#) - just email the editor at [nutsocnews@gmail.com](mailto:nutsocnews@gmail.com) to arrange.*

### The NSA Melbourne Group Presents Prof. Graham Burdge

#### Polyunsaturated fatty acids and epigenetics: a reciprocal relationship

WHEN: Jun 29 (Mon), 3.00-5.00pm

WHERE: Lecture theatre, Level 5, The Alfred Centre, 99 Commercial Road. Parking on-site (at a cost) & public transport access.

RSVP: By June 25 to [paul.lewandowski@deakin.edu.au](mailto:paul.lewandowski@deakin.edu.au)

Prof. Burdge, Editor-in-Chief of the British Journal of Nutrition & the Journal of Nutritional Science, has expressed the goals of his visit to be, "share my group's work and to meet as many people as possible to see if any links can be generated". With Prof. Burdge's spirit of collaboration in mind, other than his seminar, NSA Melbourne will host a lunch on June 28<sup>th</sup> (venue in Carlton TBA) to allow for more relaxed networking conversations with him. Prof. Burdge is also open to invitations to meet with Melbourne based research groups/present

during his visit. If you would like to organize an activity involving Prof. Burdge and your research group or institution during his stay please contact [Paul Lewandowski](#).

## NON-NSA EVENTS

*Non-NSA events are listed just once in the newsletter and a complete list of events can be seen on our [website](#).*

## JOBS

*Items in this section are usually advertised once only, but the “ads” remain on our [website](#) until applications are closed.*

## MISCELLANEOUS

### Dietary fibre and colon cancer risk

More compelling evidence linking low fibre intake with colon cancer risk in this logistically and scientifically remarkable dietary intervention. Click [here](#) to read more and access the article.

*Thank you Andy Sinclair for this item.*

### Dietary fibre and diabetes

Continuing the spotlight on fibre, this new [population study and fresh meta-analysis](#) of prospective studies across eight European countries reports 25% decreased diabetes risk for each 10g/day increase in cereal fibre intake.

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## NEWSLETTER GUIDELINES

Our newsletters are usually weekly, deadline COB Friday and day of publication usually Monday/Tuesday. Please e-mail items for the newsletter and website to us at [nutsoctnews@gmail.com](mailto:nutsoctnews@gmail.com).

News of NSA activities has priority. Other items (non-NSA events, jobs, nutrition-related news) are welcome and will be included where space allows: no charge is made for this service. Non-NSA items will only be included once. Ads for food-related products are not accepted. Items are edited to match “house style” and space – preferred length is 100-150 words. We do not include logos or attachments, but can provide links to websites and/or flyers.

*Natalie Parletta, Newsletter Editor*

*Yasmine Probst, Assistant Editor*