

# NUT-SOC-NAT-NEWS

Vol 11, No 24 (23 June 2015)



NUT-SOC-NAT-NEWS is the members' newsletter of the Nutrition Society of Australia.

## Newsletter deadlines

The deadlines for our next editions are:

No 25 - COB Fri 26 Jun

No 26 - COB Fri 3 July

## Executive summary

### NSA regional group events - reminders

~ Perth group - Prof Graham Burdge: Epigenetic regulation of polyunsaturated fatty acid metabolism

~ Melbourne group - Prof Graham Burdge: Polyunsaturated fatty acids and epigenetics

### Non-NSA events

~ 23rd WA Canteen Conference and Healthy Choice Expo

~ Food Structures, Digestion and Health Conference

### Jobs

~ Senior Project Officer - Nutrition Australia NSW

### Miscellaneous

~ AOCs Inform online magazine available

## NSA REGIONAL GROUP EVENTS

*If you have an event on offer, we will advertise it free here and on the [website](#) - just email the editor at [nutsocnews@gmail.com](mailto:nutsocnews@gmail.com) to arrange.*

### NSA Perth group presents Prof Graham Burdge

#### Epigenetic regulation of polyunsaturated fatty acid metabolism

NSA-Perth group is holding a special June seminar featuring Associate Professor Graham Burdge from the University of Southampton

WHEN: Wednesday 24 June 2015, 3:30-6:00PM

WHERE: Curtin University, School of Public Health Building 400, Room 303

COST: Free for NSA members; \$10 for non-members (please pay at the venue).

RSVP: 21 June 2015 via [Eventbrite](#)

Please click [here](#) for the seminar flyer. Refreshments will be provided after the seminar.

### The NSA Melbourne Group Presents Prof Graham Burdge

#### Polyunsaturated fatty acids and epigenetics: a reciprocal relationship

WHEN: Jun 29 (Mon), 3.00-5.00pm

WHERE: Lecture theatre, Level 5, The Alfred Centre, 99 Commercial Road. Parking on-site (at a cost) & public transport access.

RSVP: By June 25, to [paul.lewandowski@deakin.edu.au](mailto:paul.lewandowski@deakin.edu.au)

Prof. Burdge, Editor-in-Chief of the British Journal of Nutrition & the Journal of Nutritional Science, has expressed the goals of his visit to be, "share my group's work and to meet as many people as possible to see if any links can be generated". With Prof. Burdge's spirit of collaboration in mind, other than his seminar, NSA Melbourne will host a lunch on June 28<sup>th</sup> (venue in Carlton TBA) to allow for more relaxed networking conversations with him. Prof. Burdge is also open to invitations to meet with Melbourne based research groups/present during his visit. If you would like to organize an activity involving Prof. Burdge and your research group or institution during his stay please contact [Paul Lewandowski](#).

## NON-NSA EVENTS

*Non-NSA events are listed just once in the newsletter and a complete list of events can be seen on our [website](#).*

## 23rd Canteen Conference and Healthy Choice Expo

WHEN: Jul 10 (Fri), all day

WHERE: Perth Convention Exhibition Centre

Health professionals are invited to attend this WA Canteen Conference, 'On the Bright Track', with keynote presentation by nutritionist Rosemary Stanton on 'Sustainable food for the future'. Please click [here](#) for details and registration.

## Food Structures, Digestion and Health Conference

WHEN: 28-30 October (Wed-Fri)

WHERE: Wellington, New Zealand

Over the past two decades, the emphasis in nutrition has moved beyond simple assessment of the amounts of nutrients in a diet, to take into account the rates at which nutrients are released and are taken up by the body. Terms such as glycaemic index, resistant starch and satiety are now entering the public stream of consciousness, and consumers are increasingly aware of the nutritional value of the foods that they eat. The role of food structure matrices in modifying the digestion rates and the release of nutrients and bioactives is now being considered in the design of new food products.

The 2015 Food Structures, Digestion and Health international conference presents a new opportunity to bring together food industry professionals, and world leading scientists from diverse disciplines with a common interest in food design that delivers better nutrition and improves consumer wellbeing. Visit the [website](#) for more details.

## JOBS

*Items in this section are usually advertised once only, but the "ads" remain on our [website](#) until applications are closed.*

## MISCELLANEOUS

### AOCS Inform online

AOCS Inform magazine is now available online free of charge. They usually have a section on "Food, Health and Nutrition" and many other very interesting news on fats and oils.

This month's inform looks at the issue of saturated fats in the diet, with the article "Big fat controversy:changing opinions about saturated fats".

The digital issue can be accessed free of charge [here](#). An app is also available from Apple, Amazon and Google Play stores by searching "AOCS inform".

---

## NEWSLETTER GUIDELINES

Our newsletters are usually weekly, deadline COB Friday and day of publication usually Monday/Tuesday. Please e-mail items for the newsletter and website to us at [nutsocnews@gmail.com](mailto:nutsocnews@gmail.com).

News of NSA activities has priority. Other items (non-NSA events, jobs, nutrition-related news) are welcome and will be included where space allows: no charge is made for this service. Non-NSA items will only be included once. Ads for food-related products are not accepted. Items are edited to match "house style" and space – preferred length is 100-150 words. We do not include logos or attachments, but can provide links to websites and/or flyers.

*Natalie Parletta, Newsletter Editor*

*Yasmine Probst, Assistant Editor*